

# The Greening of South Florida

In 1970 Charles Reich wrote a book called The Greening of America. What does that mean? Well, to me it means Getting Back to Nature and living more environmentally sound. Living in ways more healthy for us and our planet. And this has absolutely nothing to do with any green new deal. There's nothing new about this at all. Well, I see a lot of greening going on today and evidence of that is the tremendous Resurgence of Farmers Markets, Natural Markets and Green Markets. They're popping up everywhere and I was fortunate enough to stumble upon one which opened the door to many great businesses, business people and other green markets as well. I am delighted to see more and more people following a path that I've taken for many years which

## Dr. Howard A. Stoller

is living healthier both for ourselves and our planet. After all, beside our body, our planet is the only home we have.

Visit our website: [farmersmarketfl.com](http://farmersmarketfl.com)

### Visit Us:

**Imperial Point**, Broward Health, 6401 N. Federal Hwy, Thursday: 10am - 3pm

**Plantation**, Volunteer Park, 12050 W. Sunrise Blvd., Saturday: 9am - 2pm

**Lauderdale By The Sea**, El Prado Park, 4501 N. Ocean Dr., Sunday: 9am - 2pm, Seasonal (December - May)

**Tamarac**, Veterans Park, 7825 Southgate Blvd., Sunday: 9am - 2pm



## Body Essentials by Beth

### Dr. Howard A. Stoller

About 5 years ago I learned about essential oils and started using them to make my own products. A friend gave me a lava bracelet and I thought "wow, I could make these". So, I started making one of a kind gemstones & lava bracelets. I ask customers what stone is drawing you to it? What stone makes you want to pick it up? Then we look up the properties of the stone and it al-

ways makes sense, with children as well as their parents. I started my own business and love what I do. I love bringing joy into peoples' lives. It is very gratifying and helps keep me young.

Social Media:

Instagram [Bodyessentialsbybeth](https://www.instagram.com/bodyessentialsbybeth)

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