

# Body Essentials by Beth

Dr. Howard A. Stoller



About 5 years ago I learned about essential oils and started using them to make my own products. A friend gave me a lava bracelet and I thought “wow, I could make these”. So, I started making one of a kind gemstones & lava bracelets. I ask customers what stone is drawing you to it? What stone makes you want to pick it up? Then we look up the properties of the stone and it al-

ways makes sense, with children as well as their parents. I started my own business and love what I do. I love bringing joy into peoples’ lives. It is very gratifying and helps keep me young.

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